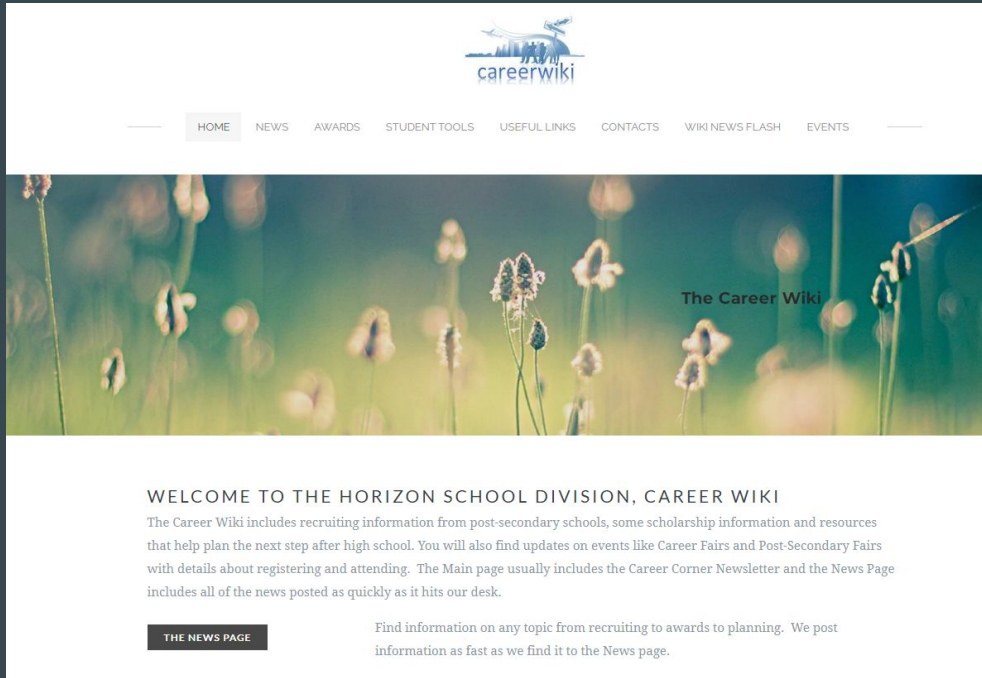


Careers and Skills

Question?

Learning about yourself?

The CareerWiki



careerwiki.weebly.com

Is a site created by Horizon School Division for students and parents.

It includes resources and links to resources for many career and transition related questions.

Next year you will receive emails with links to this site when something new, like a college open house, is scheduled.

About the Transition from High School

It can be confusing

or

It can be straight forward

Some Choices are complex,

Some choices are simple

Some Preferences are complex,

Some are straight forward

**Some Goals are complex while
others are clear and simple**

Since we will all be
going different places

And we have different goals

It is safe to assume that planning your transition from high school will be ***All About You*** - which is the first part of Career Planning

Assess your plans from a Career Planning perspective

Career Planning

1. Reflect on YOUR Strengths and Preferences
 - a. Think about your Values, Skills, Interests and Traits - don't worry about other people's - use these to make your goals
2. Research - Occupations, Opportunities and Education
3. Plan - How to get where you want to go
4. Take Action - There is never a perfect plan or a perfect time, so constantly act on your plans

Skills

What is a skill ?

The ability to do something

The Trouble with Skills?

There are so many and they are so different. For example a therapist may find Listening to be key while a welder may find Troubleshooting is a heavily relied on skill.



A neat and NEW idea from BC

www.careertrekbc.ca

The screenshot shows the WorkBC Career Trek website. At the top left is the WorkBC logo with the text "Resources for teachers & parents" and social media icons for Twitter, Facebook, and YouTube. A navigation bar contains "Home", "Episodes", and "Skills". The main banner features a scenic background with the text "Featured careers in British Columbia" and "The road to your next job starts here." Below this are four buttons: "Careers A-Z", "Map", "Popular", and "Skills". A section titled "DISCOVER A NEW CAREER" contains a video player for "GENERAL OFFICE SUPPORT WORKER" with a "Watch now" button, and a map of "BRITISH COLUMBIA" with a callout for "Fort St. John".

WorkBC
Resources for teachers & parents

Home Episodes Skills

Featured careers in British Columbia
The road to your next job starts here.

Careers A-Z Map Popular Skills

DISCOVER A NEW CAREER

GENERAL OFFICE SUPPORT WORKER Watch now

BRITISH COLUMBIA
Northeast
Fort St. John

They have grouped Occupations by the skills used but...

What does the word Occupation Mean? What about Career or Job?



Definitions

Job

- A specific position with an employer. (Grade 5 teacher at Dr Hamman in Taber)

Occupation

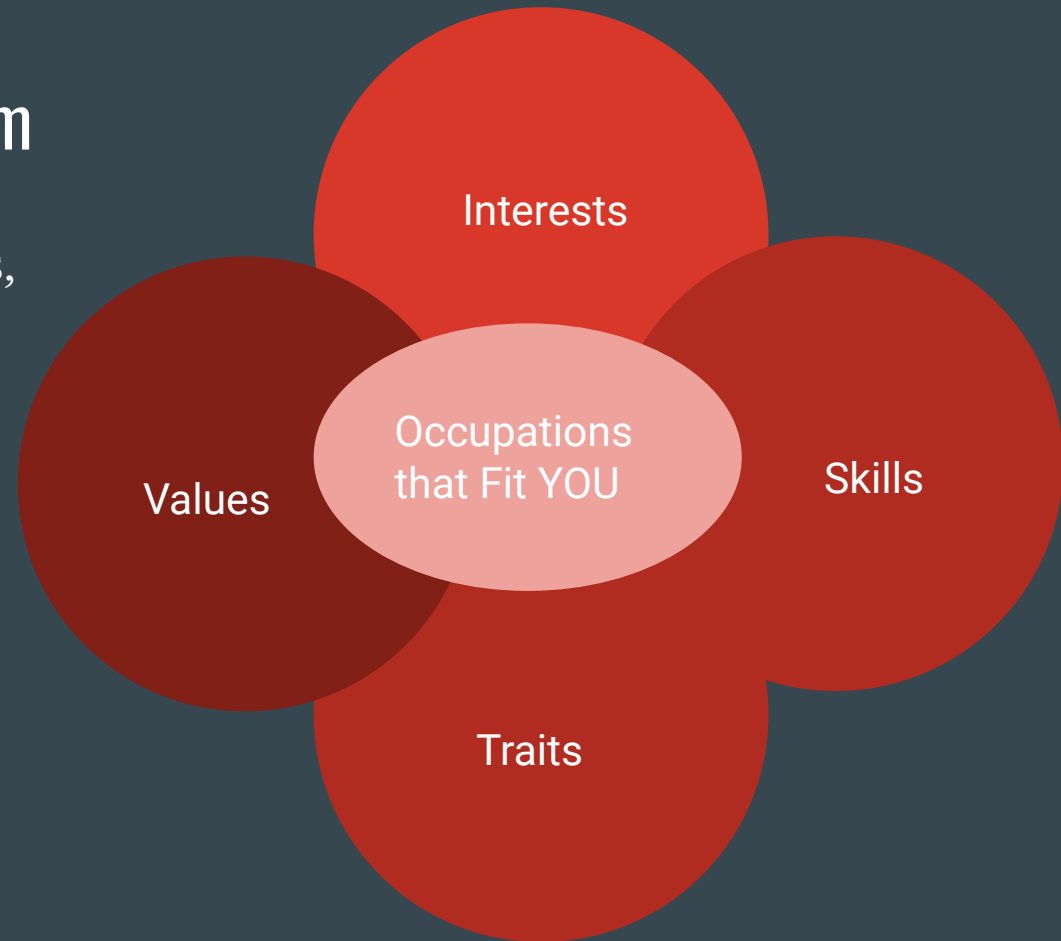
- A group of jobs with similar characteristics. (A teacher in Warner and one in Taber share the same occupation but have different jobs)

Career

- The sum total of your life experience including education, training, work and volunteer. (Her career was long and varied)

The Personal Transition system

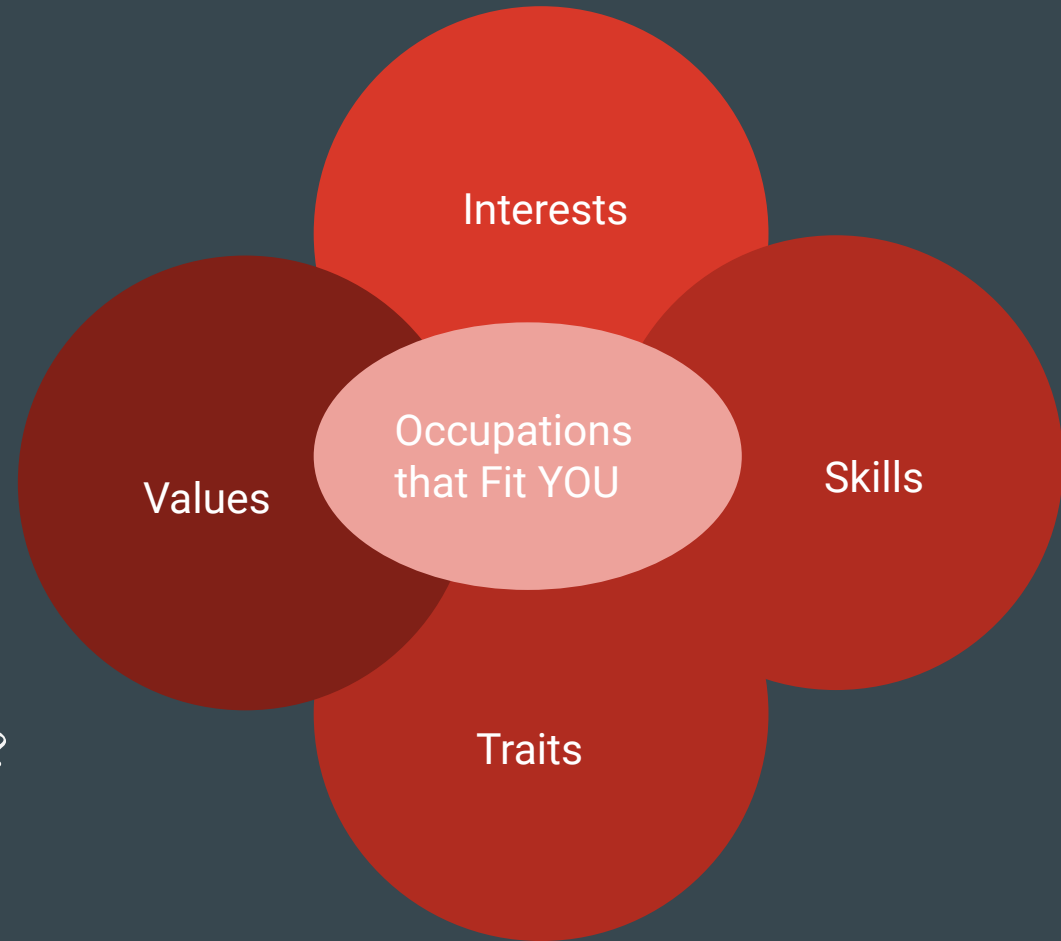
- 1) Start planning with your Skills, Interests, Traits and Values in mind
- 2) Find 40 occupations that fit you - don't stop at 1
- 3) Identify your Skills, Interests, Values and Traits and try out many career options while in High School



Pitfalls

Avoid:

- 1) Focusing on one item like Money or Ag-production or Insurance -
 - a) Be open to a wide variety of opportunities.
- 2) Following another person's path - what are your strengths?
- 3) See Diagram



Explore - as Chris Hemsworth said, “I like to Explore Things”



Career staff here at school do not think that a high school student needs to have a career direction figured out!!

We are asking you to Explore, Research and Plan but NOT suggesting you must Decide or Know!

collegetour
openhouse
www.alis.alberta.ca
parttimejob
recruiters
student4aday
careerfairs elw
careerwiki

Resources for You

Heather Brantner, Off Campus Education

- Individual career planning advice
- Entrance to Apprenticeship
- Dual Credit with College Programs
- Job search and resume assistance
- Contact: heather.brantner@horizon.ab.ca

Kristin Bodnar, Tue, Wed and Thurs at Myers

- Individual career planning
- post-secondary applications, scholarships
- Add / Drop classes
- Job search and resume assistance
- Contact: kristin.bodnar@horizon.ab.ca

Resources for You

Garth Mouland,

- Individual career planning
- Post-secondary applications and scholarships
- Job search and resume assistance
- Contact: cell: 403-360-2737, garth.mouland@horizon.ab.ca, www.careerwiki.weebly.com

Counselling Center at school

- Assistance with staying positive and committed to your goals and helping you find similar resources after you leave school

Go to CareerTrekBC

www.careertrekbc.ca